



Known for her works Mo Jharaka Ru Dise Nai, Aou Kebe Kuhani Se Katha, Aei Thikana Re Ghara Nahin and Sanja Hele Barsha poetess Bijayalaxmi Parida has won multiple awards for her poem anthologies. On Sundays, she loves to spend time on her terrace garden.



Yoga Addict

Doing yoga and pranayam is a must for me on Sundays. I spend hours doing yoga to keep myself fit and fine.

Child Therapy

I love to counsel kids suffering from mental disorders on Sundays. I try my best to sort out their issues so that they can lead a healthy lifestyle.

Quiet Sunday

With works piling up, I keep my Sunday menu simple. I prefer to have Poha for breakfast and fish curry with rice for lunch.



Family time

Once in a while, I organise a rooftop party with my husband and children. We go for roasted potato, roasted tomato with rice. Doesn't it sound different?

Commited gardener

My terrace garden, for me, is like paradise. I have grown varieties of vegetables in the garden. I take care of my plants and spend quality time with them.





WhatsApp This Week

Only on **Sunday POST!**

Send in your most interesting Whatsapp messages and memes received to: features.orissapost@gmail.com And we will publish the best ones

THE BEST MEMES OF THIS ISSUE

- The older I get, the earlier it gets late.
- When I say, 'The other day,' I could be referring to any time between yesterday and 15 years ago.
- I had my patience tested. I'm negative.
- Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers.



FASCINATING MYTHS

Sir, Though I celebrate Christmas every year, the legends surrounding the birth of Jesus were not known to me. I was completely clueless of the fact that Joseph, the human father of Jesus, was a carpenter and contractor by profession. Joseph's lineage is traced through King David. But Joseph was not the biological father of Jesus. I appreciate Sunday POST team for coming up with such an interesting article.

DIPAK SWAIN, RAYAGADA

GREAT EXPECTATION

Sir, I was delighted to read the cover story 'History and Myths' published in the last edition of Sunday POST and became aware of various myths surrounding the Christmas celebration in the world and the reality. It was interesting to learn that Christmas, the most followed religious festival in the world was banned once by the Puritans. I hope many more stories highlighting the truth on various aspects of human life will adorn the pages of Sunday POST in future.

SURYAKANT DHIR, DEULA SAHI, CUTTACK

I **FT**TFRS



A WORD FOR READERS

Sunday POST is serving a platter of delectable fare every week, or so we hope. We want readers to interact with us. Please send in your opinions, queries, comments and contributions to

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every year. I am not exactly a party animal, rather want to keep things simple and quiet. Owing to the lockdown and re-

cently imposed night curfew in Mumbai, I may make a quiet getaway to the hills of Mahabaleshwar/Lonavala and rejuvenate. If not, then I would prefer to get cozy on my couch sipping hot chocolate, with a scented candle lit and read my favorite book or binge-watch my favorite show.

hard. "For the last 10 years, I have never missed celebrating zero night on the eve of New Year. Though I am a resident of

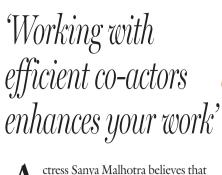
Bhadrak, I celebrate zero night at clubs, hotels and restaurants in Bhubaneswar because they invite popular celebrities to entertain people.







RASHMI REKHA DAS, OP



ctress Sanya Malhotra believes that teaming up with efficient co-actors Limproves the quality of one's work. Since her debut in Aamir Khan's 2016 blockbuster Dangal, Sanya has shared the screen with many reputed actors including Ayushmann Khurrana, Vidya Balan, Nawazuddin Siddiqui and Amit Sadh. She particularly exuded a

special on-screen bond essaying a mother-daughter relationship with Vidya Balan earlier this year, in Shakuntala Devi.

"The best part of Shakuntala Devi is the unique portrayal of the mother-daughter relationship that sets it apart from other conventional stories. I don't think I have ever seen such an on-screen portrayal in Hindi cinema," said Sanya. IANS

RAKUL

on Instagram

clocks 16mn fans

thanked her fans for all the love.

Rakul posted a clip on Instagram, celebrating

her 16 million following.
"And we turn SWEET 16!! cannot thank

you all enough for all the love and sup-

port... here is to making sure I give my best every day to never disappoint you. Promise to keep working hard. Lots and lots of love to each one of you.

ctress Rakul Preet Singh has garnered a fan

following of 16 million on Instagram. She

'3 Idiots is the visiting card to any industry I go to'

ctor R. Madhavan says the 2009 blockbuster 3 *Idiots* is and will always be the most important film of his life and career for its relatability and impact on the viewers, especially students. The actor turned nostalgic as the film will complete 11 years of release date on Christmas Day, and shared how much he is respected even today for being a part of the cast.

"3 Idiots will always be the most important film of my career and my life because of the impact it has with the youth world over. 3 Idiots for me is the visiting card to any industry I go to, they all look at me with reverence and respect because of that one film all over the world, irrespective of whether they understand Hindi or not. I don't think any other film has touched that level of importance in my life," he said. IANS



WFH is difficult for America Ferrera

(WFH)model is difficult as a mother, adding Lithat she discovered raising two children amid the pandemic a tough deal. Ferrera has a seven-month-old daughter Lucia and

a two-year-old son named Sebastian. The actress said her daughter 'bursts into tears' around new people as she has spent all of her life in lockdown and is not used to meeting people, reports femalefirst.co.uk. Whenever there is an occasion for a new face,

she just bursts into tears. She doesn't know what to do with new faces, so hopefully she's young enough that this will all start to get

> America found raising two children and working from home amid the pandemic 'overwhelming'.

stay safe," she wrote as caption. Rakul recently had tweeted on her verified account that she tested positive for Covid-19. She added that she quarantined herself.

The actress had just started shooting for the film Mayday, a thriller drama, alongside Amitabh Bachchan and Ajay Devgn. The film is directed and produced by Ajay



Devika Rani was an enigma to most - but not anymore

uthor Kishwar Desai of The Longest Kiss (Westland), the biography of India's first international superstar in the 1930s and 1940s says, "I hope that I have managed to establish who Devika Rani really was. A rebellious and unusually talented and beautiful woman, a great actress and studio head who changed the course of Indian cinema in many ways, despite her intense personal suffering. A pioneer then and now."

"I hope this book will be of help to others who care to study this very important phase in Indian cinema, with its passion, idealism and entrepreneurship, in the days before it became a business like any other," adds Desai, whose husband, Lord Meghnad Desai is a lifetime member of Britain's House of Lords.

Astonishingly beautiful, prodigiously talented, and a great-grand-niece of Rabindranath Tagore, Devika Rani (1908-94) earned rave reviews for her first film, Karma (1933), a bilingual in Hindi and English. It elicited interest in England for a prolonged kissing scene featuring the real-life couple of Devika Rani and actor-producer-director Himanshu Rai, one of the pioneers of Indian cinema whom she had married in 1929, but bombed in India.

Together, Himanshu and Devika set up India's first truly professional studio, Bombay Talkies in 1934. Over the next few years, the studio became the launch pad for some of India's best-known talent, including Ashok Kumar, Leela Chitnis and Dilip Kumar.

After Himansĥu's controversial death in 1940, Devika Rani took over Bombay Talkies. She ran the studio with a steel hand, squashing all rebellion and constantly walking a tightrope when it came to the men around her. Then, in 1945, she met the handsome and reclusive Russianborn painter Svetoslav Roerich, and, just like in a Hindi film, nothing was ever the same again as the couple eventually settled down in Bangalore (now Bengaluru), where they are buried in the tranquility of the Tataguni estate on the outskirts of the city.

"Devika died as she had lived, in the middle of controversy and refuses to be forgotten. Even now, when one visits the ruins of Bombay Talkies or the chalet at Naggar, (in Himachal Pradesh that Svetoslav's father Nicholas Roerich had

THE LIFE AND TIMES OF * DEVIKA RANI * KISHWAR DESAL

built), where a rough-hewn stone spreading banyan tree in Tataguni, one can sense her spirit, wild and free, and her desire to create beauty all around her,"

"She wanted her ashes to be kept both at Naggar and at Tataguni, where she lies next to Svetoslav, the only man to understand her and give her the freedom she needed to be herself. He was the 'reward' she believed she had been given for keeping faith in spite of all the abuse and humiliation she had suffered. And her restless passion seems to still hover the graves.

'In both places, the tombstones stand next to stone idols symbolising Shakti. A strange energy emanates from the

idols - their sturdy, gray bodies, with their vivid red bindis and the shining zari on their dupattas" Desai concludes.

Devika Rani was a recipient of the Padma Shri (1958) and the Dadasaheb Phalke Award (1969). In The Longest Kiss, for the first time, through her letters and documents, Desai pieces together the life that she kept away from the world. The romance and the abuse that characterised her marriage with Himanshu, the struggle of being a woman at the helm of a hyper-male domain, the circuitous ways in which cinema found its feet in Bombay, and the soaring happiness and tragedy of a life lived on the edge, always.

Kishwar Desai is an award-winning author and playwright who writes both fiction and non-fiction. She worked in television as an anchor and producer for over 20 years before becoming a writer. She is the chairperson of The Arts and Cultural Heritage Trust that set up the world's first Partition Museum at Town Hall, Amritsar. She also helped her husband to install the statue of Mahatma Gandhi outside Westminster in the UK.

Desai is the author of Darlingji: The True Love Story of Nargis and Sunil Dutt (2007)

Her novel Witness the Night won the Costa First Novel Award in the UK, in 2010, and was followed by two others: Origins of Love (2012) and Sea of Innocence (2013). The trilogy featuring has since been optioned for a web se-

Desai's first work of political nonfiction, Jallianwala Bagh: The Real Story (2018), won critical acclaim and inspired exhibitions on the massacre in India, the UK and New Zealand. She also wrote a play, Manto! which won the TAG Omega award for Best Play in 1999. Most recently, in 2019, her play, Devika Rani: Goddess of the Silver Screen, was successfully staged in venues across India.



